

Vaasan Uimaseura - Vasa Simsällskap ry
arranges an open national swimming competition



Kvarken Games

At Vaasa swimming hall April 12th - 13th 2025, 50 meter pool, 8 lanes, omega timing.

Warm up in the competition pool begins one and half hour before each session.

All events are also para events

Saturday morning at 9:30

Warm up at 8:00-9:20

| | | |
|-----|----------------------------|-----------------|
| 1. | F, G16, G13, G12, G11, G10 | 200m Freestyle |
| 2. | M, B16, B13, B12, B11, B10 | 200m Freestyle |
| 3. | F, G16, G13, G12, G11, G10 | 50m Breastroke |
| 4. | M, B16, B13, B12, B11, B10 | 50m Breastroke |
| 5. | F, G16, G13 | 200m Backstroke |
| 6. | M, B16, B13 | 200m Backstroke |
| 7. | F, G16, G13, G12, G11 | 100m Butterfly |
| 8. | M, B16, B13, B12, B11 | 100m Butterfly |
| 9. | F, G16, G13, G12, G11, G10 | 200m Medley |
| 10. | M, B16, B13, B12, B11, B10 | 200m Medley |
| 11. | F, G16, G13, G10 | 4x50 Freestyle |
| 12. | M, B16, B13, B10 | 4x50 Freestyle |
| | Break 45min | |
| 13. | F, G16, G13, G12, G11 | 400m Freestyle |
| 14. | M, B16, B13, B12, B11 | 400m Freestyle |
| 15. | F, G16, G13, G12, G11, G10 | 50m Backstroke |
| 16. | M, B16, B13, B12, B11, B10 | 50m Backstroke |
| 17. | F, G16, G13 | 200m Breastroke |
| 18. | M, B16, B13 | 200m Breastroke |
| 17. | F, G16, G13, G12, G11, G10 | 100m Freestyle |
| 18. | M, B16, B13, B12, B11, B10 | 100m Freestyle |

Sunday morning at 9:30

Warm up at 8:00-9:20

| | | |
|-----|----------------------------|-----------------|
| 21. | M, B16 | 1500m Freestyle |
| 22. | F, G16 | 1500m Freestyle |
| 23. | M, B16, B13, B12, B11 | 100m Breastroke |
| 24. | F, G16, G13, G12, G11 | 100m Breastroke |
| 25. | M, G16, G13 | 200m Butterfly |
| 26. | F, B16, B13 | 200m Butterfly |
| | Break 45 min | |
| 27. | M, B16, B13, B12, B11, B10 | 50m Freestyle |
| 28. | F, G16, G13, G12, G11, G10 | 50m Freestyle |
| 29. | M, B16, B13 | 400m Medley |
| 30. | F, G16, G13 | 400m Medley |
| 31. | M, B16, B13, B12, B11 | 100m Backstroke |
| 32. | F, B16, B13, B12, B11 | 100m Backstroke |
| 33. | M, B16, B13, B12, B11, B10 | 50m Butterfly |
| 34. | F, G16, G13, G12, G11, G10 | 50m Butterfly |
| 35. | M, B16, B13, B10 | 4x100 Freestyle |
| 36. | F, G16, G13, G10 | 4x100 Freestyle |

Registration: should be made in Tempus by 4th of April. Registrations from abroad or requests for the event file (LENEX) via email to taina.reini-vierikko@vus.fi.

Time conversions for long and short courses are used in the creation of the race schedule.

The minimum age for events 21 and 22 is 13 years. Two heats will be formed based on times. Swimmers from Vaasa Swimming Club have priority.

If a para-swimmer requires special attention, it is requested to inform the competition organizer in advance. Late registrations are possible if there is room in the heats, but the fee will be tripled.

Withdrawal: must be made no later than one hour before the start of the competition session.

Prizes: There are prizes for the three best according to the invitation. Competitions organizing committee will make decisions regarding the prize ceremony's after the registration closes and reserves the right to make changes. Prize ceremony's will be held at the pool deck if the amount of entries and the preliminary time schedule allows it.

Starting fee 11 euros/start is due for payment before the registration period ends. The Vaasan Uimaseura bank account is AKTIA FI1549701040040665.

Dining options. For more information, visit VUS.fi closer to the date of the competition.

Other information: There is a possibility for lunch and dinner in the Vaasa Swimming hall. More information from:
Manager Taina Reini-Vierikko +358 45-279 2372, taina.reini-vierikko@vus.fi.

www.vus.fi

Welcome to VAASA!