

Vaasan Uimaseura - Vasa Simsällskap ry
arranges an open national swimming competition



Kvarken Games-kilpailut

At Vaasa swimming hall April 1th - 2th 2023, 50 meter pool, 8 lanes, omega timing.
Warm up in the competition pool begins one hour before each session,
There is a possibility to warm up during a competition.

Saturday morning at 9:00

Warm up at 8:00-8:50

1	Women, Girls 15,12	200m Freestyle
2	Men, Boys 16,13	200m Freestyle
3	Women, Girls 15,12,11,10,9,8	50m Breaststroke
4	Men, Boys 16,13,12,11,10,9	50m Breaststroke
5	Women, Girls 15,12	200m Backstroke
6	Men, Boys 16,13	200m Backstroke
7	Women, Girls 15,12,10	100m Butterfly
8	Men, Boys 16,13,11	100m Butterfly
9	Women, Girls 15,12,11,10	200m Medley
10	Men, Boys 16,13,12,11	200m Medley

Palkintojen jako

Saturday evening at 15:00

Warm up at 14:00-14:50

11	Women, Girls 15,12,11,10	400m Freestyle
12	Men, Boys 16,13,12,11	400m Freestyle
13	Women, Girls 15,12,11,10,9,8	50m Backstroke
14	Men, Boys 16,13,12,11,10,9	50m Backstroke
15	Women, Girls 15,12	200m Breaststroke
16	Men, P16, P13	200m Breaststroke
17	Women, Girls 15,12,11,10,9	100m Freestyle
18	Men, Boys 16,13,12,11,10	100m Freestyle

Award ceremony

Sunday morning at klo 9:00

Warm up at 8:00-8:50

19	Men, Boys 16,13	1500m Freestyle
20	Women, Girls 15,12	1500m Freestyle
21	Men, Girls 15,12	200m Butterfly
22	Women, Boys 16,13	200m Butterfly
23	Men, Boys 16,13	400m Medley
24	Women, Girls 15,12	400m Medley
25	Men, Boys 16,13,11	100m Breaststroke
26	Women, Girls 15,12,10	100m Breaststroke
27	Men, Boys 16,13,12,11,10,9	50m Freestyle
28	Women, Girls 15,12,11,10,9,8	50m Freestyle
29	Men, Boys 16,13,11	100m Backstroke
30	Women, Girls 15,12,10	100m Backstroke
31	Men, Boys 16,13,12,11	50m PU
32	Women, Girls 15,12,11,10	50m PU

Award ceremony

Registration: to be made in Tempus by 25st of March. Registrations from abroad via e-mail to taina.reini-vierikko@vus.fi no later than 31st of March. Late entries are accepted if there is room for more registrations. Late entry time window closes one hour before the start of the competition. Late entry fee is three times the regular starting fee.

Cancellation: In the event of canceling any entries, please notify the organizers as soon as possible, last one hour before the start of the competition.

Prizes: There are prizes for the three best of every age group according to the invitation.

Starting fee 11 euros/start is due for payment before the registration period ends. The Vaasan Uimaseura bank account is AKTIA FI1549701040040665.

Other information: There is a possibility for lunch and dinner in the Vaasa Swimming hall. More information from:

Manager Taina Reini-Vierikko +358 45-279 2372, taina.reini-vierikko@vus.fi.

Competition secretary Marianne Korvajärvi, marianne.korvajarvi@gmail.com

www.vus.fi

Welcome to VAASA!